Alcohol and Alcoholism Advance Access published November 30, 2009

Alcohol & Alcoholism 1, 2009

doi: 10.1093/alcalc/agp083

LETTER TO THE EDITOR

Web-Based Intervention and Alcohol: Who is Upside Down?

Alain Braillon* and Gérard Dubois

Public Health, University Hospitals, 80000 Amiens, France *Corresponding author: E-mail: braillon.alain@chu-amiens.fr

(Received 21 October 2009; in revised form 26 October 2009; accepted 3 November 2009)

In 2003, the Journal published the first web-based approach for screening and delivering brief intervention to obtain a reduction of hazardous drinking among young people (Kypri *et al.* 2003). Further research from these Australian authors confirmed that this promising approach was valid and efficient (Kypri *et al.* 2009).

France has just begun a web-based intervention concerning alcohol. In France in 1991, Evin's law limited alcohol (drinks >1.2% alcohol by volume) advertising on media and banned advertising during cultural or sport events. However, in June 2009, representatives of both French legislative Chambers allowed advertising for alcoholic beverages on the Internet when they voted the law 'hospital, patients, health and territories', a reform of the healthcare system (Braillon and Dubois 2009).

There is no excuse for policy makers to ignore that exposure to media and commercial communications on alcohol is associated with the likelihood that adolescents will start to drink alcohol and will increase drinking among baseline drinkers (Anderson *et al.* 2009). Indeed, the alcohol industry annually spends billions of dollars on marketing because it influences how much people drink. The problem is not just about drunk adolescents but also about the many millions of people in France who are quietly over-consuming.

We wonder if France is still on the same planet as Australia. If so, one can guess which one is sadly upside down with respect to the other!

REFERENCES

- Kypri K, Saunders JB, Gallagher SJ. (2003) Acceptability of various brief intervention approaches for hazardous drinking among university students. *Alcohol Alcohol.* 38:626–8.
- Kypri K, Hallett J, Howat P et al. (2009) Randomized controlled trial of proactive web-based alcohol screening and brief intervention for university students. Arch Intern Med 169:1508–14.
- Braillon A, Dubois G. (2009) Public health, politicians' decisions, and the citizen. *Health Policy* 93:225.
- Anderson P, de Bruijn A, Angus K et al. (2009) Impact of alcohol advertising and media exposure on adolescent alcohol use: a systemic review of longitudinal studies. Alcohol Alcohol. 44:229–43.